

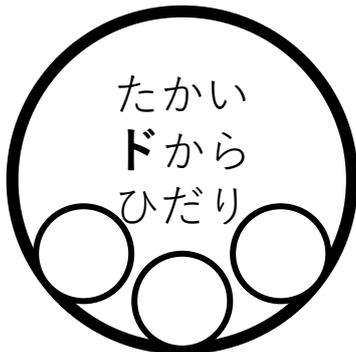
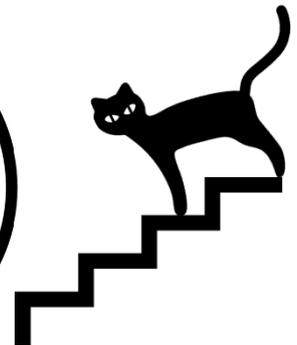
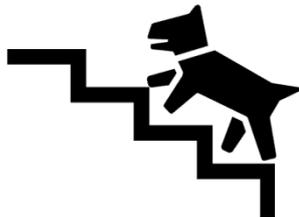
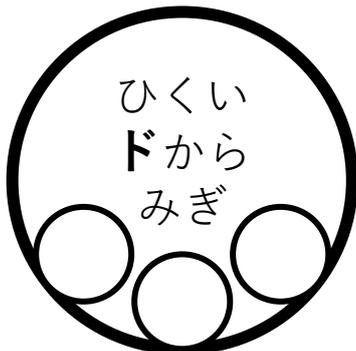
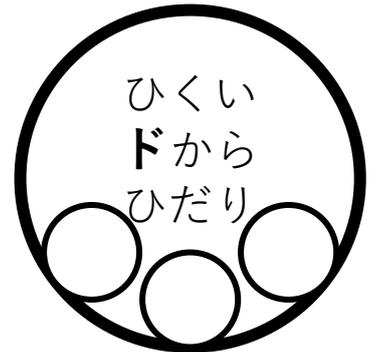
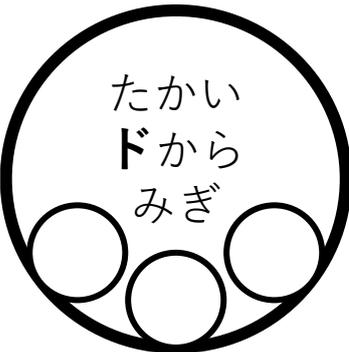
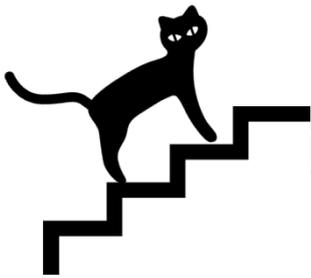
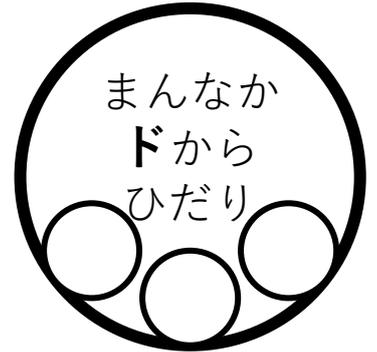
5つのドのかいだん エクササイズ 1



みぎてが かいだんのぼるよ～ ①②③①②③④⑤



ひだりてが かいだんおりするよ～ ①②③①②③④⑤



なまえ
お名前



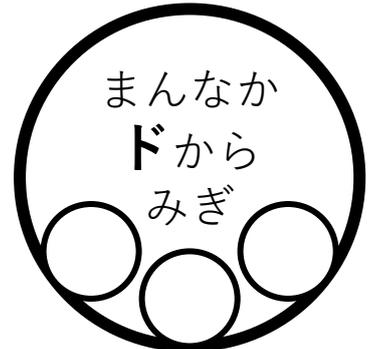
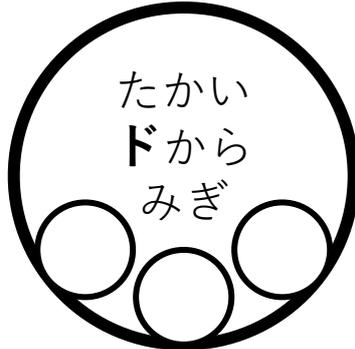
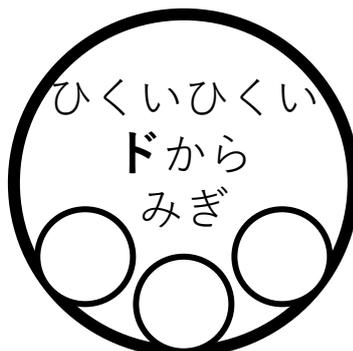
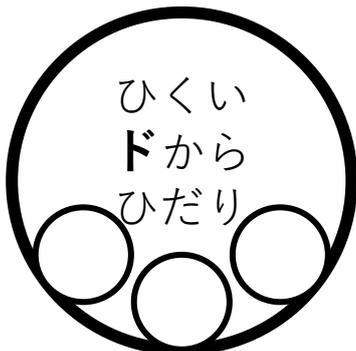
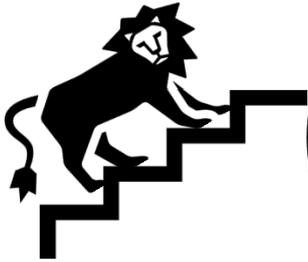
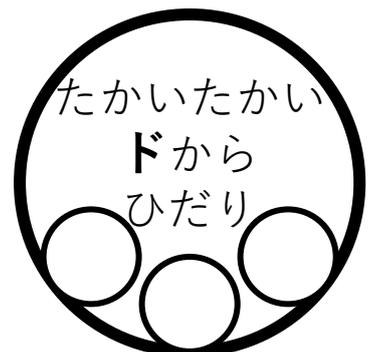
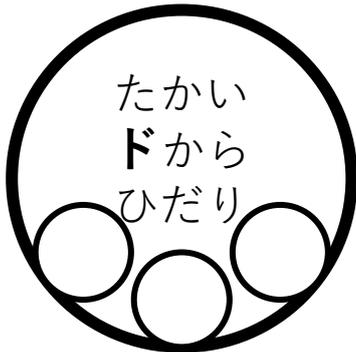
5つのドのかいだん エクササイズ 2



みぎてが かいだん おりるよ～ ⑤④③②①③②①



ひだりてが かいだん のぼるよ～ ⑤④③②①③②①



なまえ
お名前

